



Healthy Babies Healthy Children Program



Helps families with children, prenatal to 6 years of age



Offers a phone call and a home visit by a Public Health Nurse to see how you and your baby



Links families to programs



Co-ordinates services when more than one agency is involved in helping the family



Offers ongoing Home Visiting by a Public Health Nurse and Resource Mom if needed



Provides free screening to children between 18 months and school age for speech, hearing, motor, and social development



Encourages growth and development, learning and safety for your child



Builds on your family's strengths, and enhances your parenting skills

Is the Healthy Babies, Healthy Children program for me?

Yes No I have at least one other person I can talk to about my problems and count on for help.

Yes No I am happy with the way I handle my child's behaviour.

Yes No In the past year, my life has gone smoothly.

Yes No I have all the information and support I need to keep my child healthy and safe.

Yes No I always know where to go for programs or support in my community.

Yes No I have everything I need to ensure a healthy pregnancy.

If you have more than two "No's" this program may be able to help.

For more information call the Thunder Bay District Health Unit at 625-8814 or toll free at 1-888-294-6630, or visit www.tbdhu.com

