

Thunder Bay District Health Unit

Presentation Outline

**General Indoor Air/Children's Environmental Health Issues**

There are many types of contaminants found indoors and outdoors that can affect our health. Children spend more than 80% of their time indoors.

While governments can play a large role in creating a healthier environment for children, day to day changes at home, in the workplace at school and in daycares can also create a safe and health place for children to live.

This presentation will:

- Discuss why children are more at risk
- Discuss what types of contaminant we need to be aware of
- Discuss some of the things we can do to decrease our risks to contaminants in the home, in the yard, in the community, at work etc.

**Presentation Length:** Usually 1 hour but can be tailored to your organization needs

**Cost:** Free of charge

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