

**THUNDER BAY DISTRICT HEALTH UNIT
OTITIS MEDIA CAMPAIGN
MATERIAL ORDER FORM**

Name: _____

Organization: _____

Address: _____

Phone: _____


<u>ITEM</u>		<u>QUANTITY</u>
Poster	Immunization and Otitis Media	
Poster	Breastfeeding and Otitis Media	
Poster	Tobacco and Otitis Media	
Poster	Antibiotics and Otitis Media	
Poster	Hand washing and Otitis Media	
Poster	Nutrition and Otitis Media	
Tear Off Pads		
Fact Sheet	Ear Infections	
Pamphlet	A Guide for Parents in Preventing Ear Infections	

Please mail order form to:

Thunder Bay District Health Unit, Family Health Program
999 Balmoral St, Thunder Bay, ON, P7B 6E7


Or Fax to: (807) 625-4825

Posters




Because he's immunized, he has less chance of getting an ear infection.

Many ear infections can be prevented.
Keep your child's vaccinations up-to-date.


 Thunder Bay District Health Unit
www.tbdhu.com

Immunization




Because I breastfeed, he has less chance of getting an ear infection.

Many ear infections can be prevented.
Breastfeed your baby to build a healthy immune system.


 Thunder Bay District Health Unit
www.tbdhu.com

Breastfeeding




Because we smoke inside, he has a greater chance of getting an ear infection.

Many ear infections can be prevented.
Take the smoke outside.


 Thunder Bay District Health Unit
www.tbdhu.com

Tobacco



Because we followed our doctor's advice and waited, her ear infection got better on its own.

Antibiotics are not always needed.
Talk to your doctor.

 Thunder Bay District Health Unit
www.tbdhu.com

Antibiotics



Because we wash our hands often, he has less chance of getting an ear infection.

Many ear infections can be prevented.
Hand washing prevents the spread of germs.

 Thunder Bay District Health Unit
www.tbdhu.com

Hand Washing



Because he eats healthy food, he has less chance of getting an ear infection.

Many ear infections can be prevented.
Eating healthy keeps your body strong.

 Thunder Bay District Health Unit
www.tbdhu.com

Nutrition