

E	A	R	T	H
Composted	Hung laundry out to dry	Cut back on plastic bottles	Bought local food (when available)	Rode a bike instead of driving
Learned something new about nature	Took a shorter shower (Can you do it in 5 minutes or less?)	Went for a walk after dinner	Raked the grass or picked up litter	Used only glass or ceramic in the microwave
Went for a nature hike	Used a rain barrel instead of the hose	 FREE SPACE	Drank tap water instead of bottled water	Packed a litterless lunch
Removed air fresheners	Turned off the TV & played outside	Used my own bags at the store	Walked to school or work	Planted a tree, flower or vegetable
Turned off extra lights	Purchased vinyl free products	Cooked a meal with all 4 food groups	Practiced sun safety outside	Recycled cans, plastic & paper

Do something good for Mother Earth every day. Mark each square on the bingo card after your family completes each task. Aim for a line, or go for a full house!