

Benefits and Outcomes of Gleaning

- Strong partnerships between the Food Action Network, the local farming community and the agencies participating in the project
- To enable people who otherwise would not have the means to pick their own fresh produce
- To provide an opportunity for families to "get out of town", be social, and physically active



The Food Action Network

The Thunder Bay Food Action Network (FAN) is a non-profit coalition that works to improve access to safe, personally acceptable, nutritionally adequate food through a sustainable local food system. It brings together community members and organizations working in health care, social services, agriculture/food production, community development, education, anti-poverty, emergency food aid, environmental protection and municipal government to improve community food security in Thunder Bay and surrounding area through coordinated, community-led action.



For more information, to volunteer, make a donation or to become a member of FAN, call the Thunder Bay District Health Unit at 625-5956.

www.nwofood.com

Gleaning



Neighbours
picking
together



N-150
07/07

What is Gleaning?

A traditional practice of gathering crops that would otherwise be left in the fields after harvesting.



"Gleaning helps educate people about where their food comes from and how it's grown."

- farmer

Goals of the Gleaning Project

- To bring farmers and consumers closer together
- To provide a mechanism for people living on lower incomes to obtain fresh produce
- To promote locally grown produce
- To provide training and skill development in food preparation and food safety
- To provide nutrition education and physical activity

"Friendly staff, nice people, courteous driver, and generous farmers."

- participant

How can you or your agency get involved?

Call 625-5956

We take care of everything

- A co-ordinator will phone the contact person and set-up transportation to the site (a rotation will occur between different agencies so different neighbourhoods will have a chance to glean)
- The contact person will approach /phone individuals in their neighbourhood about whether they would be interested in gleaning
- Gleaners are accompanied by a field supervisor (who is a member of the Food Action Network) who will go over rules and hints for the entire group
- Participants provide their own containers
- The field supervisor will bring water and sunscreen for participants (as necessary)
- The field supervisor will contact you following a trip for feedback to address any concerns and talk about successes!

Thanks to all the participating farmers:

Breukelman Farms,
Belluz Farms, and
Old Fort William Historical Park