

Challenge rules:

- This challenge requires students and families to go without the use of TV, video games and computers for entertainment from April 30 to May 4.
- One entry per student will be accepted.
- Students may choose to use 4 – half hour screen-time coupons anytime throughout the week.
- Used coupons are to be attached to the tracking sheet.
- Once the coupons are used up, so is their screen time.
- A parent/guardian must sign the log sheet for each day of the week the child was screen free.
- Student must hand in their tracking sheet to the school after the week is over to be eligible to win prizes.
- All prize winners will be determined by a random draw and winners will be notified the week of June 4th, 2007. Prizes are not transferable or redeemable for cash.
- Families of the Thunder Bay District Health Unit and Take Heart Schools are not eligible to enter for the grand prize draw.
- Prize winners may be required to verify that all information provided was accurate and complete.
- Personal information in this challenge is collected under the Health Protection and Promotion Act 1983, and is only for administrative use by the Thunder Bay District Health Unit.