

Successful Programs...

- Involve parents and volunteers
- Are offered regularly
- Are available for all students
- Encourage social skills, such as sharing and politeness
- Include nutrition education
- Introduce children to new foods
- Provide healthy and safe food
- Give children energy to play, learn, and grow



As a result of the healthy, nutritious foods provided at meal programs, teachers report that children have improved attendance, attention, behavior, and levels of concentration.

For more information on any of these school meal and snack programs, please contact:

Student Nutrition Program

Canadian Red Cross - Thunder Bay & District Branch
111 Johnson Ave
Thunder Bay, ON P7B 2V9
(807) 345-6451



Canadian Red Cross / Croix-Rouge canadienne

For menu and food safety consultation call:

Thunder Bay District Health Unit
Nutrition (807) 625-5974
Inspection (807) 625-5992
or Toll Free 1-888-294-6630



Thunder Bay District
Health Unit
www.tbdhu.com

School Meal & Snack Program In Thunder Bay & District



2011-2012

WHAT IS THE FOOD ACTION NETWORK?

The Thunder Bay Food Action Network (FAN) is a non-profit coalition that works to improve access to safe, personally acceptable, nutritionally adequate food through a sustainable local food system. It brings together community members and organizations to improve community food security in Thunder Bay and surrounding area through coordinated, community-led action.



Why School Meal & Snack Programs?

School meal and snack programs provide our community's children with nutritious foods so they are ready to learn.

There are many reasons why meal programs are important for all children. They may arrive at school hungry because of:

- early and long bus rides;
- busy lifestyles that may lead to meal skipping;
- shift work which makes it difficult for parents to prepare meals;
- limited food choices at home.

Teachers know that children learn best when they are not hungry.

School Meal & Snack Programs 2011-2012 School Year

Thunder Bay

Agnew H. Johnston School - Breakfast

Algonquin Avenue School - Breakfast

Bishop Gallagher School - Breakfast

CD Howe School - Breakfast

Claude E. Garton School - Breakfast

Connections Alternative Education - Breakfast

College Jump Start - Morning Meal

College Link - Morning Meal

Corpus Christi School - Breakfast

Crestview Public School - Snack

Dennis Franklin Cromarty High School - Breakfast

Ecole Gron Morgan - Lunch

Gateway Alternative Education - Lunch

Hammariskjold High School - Breakfast

Holy Cross School - Snack

Hyde Park School - Breakfast

Kingsway School - Breakfast

McKellar Park Central School - Breakfast

McKenzie Public School - Snack

Ogden Community School - Snack

Our Lady of Charity School - Lunch

Pope John Paul II Senior Elementary School - Snack

SAM/MISOL, Confederation College - Morning Meal

Sir Winston Churchill C&VI - Breakfast

Sherbrooke School - Lunch

St. Ann School - Breakfast

St. Bernard School - Snack

St. Elizabeth School - Breakfast

St. Ignatius High School - Lunch

St. James School - Breakfast

Beardmore Public School - Snack

Bernier-Stokes, Collins - Morning Meal

Ecole Val des Bois, Marathon - Snack

Ecole Secondaire Chateau Jeunesse - Snack

Ecole St. Joseph, Geraldton - Snack

George O'Neill Public School, Nipigon - Breakfast

Holy Angels School, Schreiber - Morning Meal

Lake Superior High School, Terrace Bay - Breakfast

Manitouwadge Public School - Breakfast

Margaret Twomey Public School, Marathon - Snack

Marjorie Mills School, Longlac - Snack

Nakina Public School - Snack

Nipigon-Red Rock District High School - Breakfast

Our Lady of Fatima School, Longlac - Snack

Our Lady of Lourdes School, Manitouwadge - Breakfast

Red Rock Public School - Breakfast

Schreiber Public School - Snack

St. Brigid School, Nakina - Snack

St. Edward School, Nipigon - Breakfast

St. Hilary School, Red Rock - Snack

St. Joseph School, Geraldton - Breakfast

St. Kateri Teka Witha, Gull Bay - Snack

St. Martin School, Terrace Bay - Breakfast

Terrace Bay Public School - Snack



“When a child’s stomach is empty, everything else is secondary. Before developing a thirst for knowledge and a hunger for learning, one must satisfy the body’s own thirst and hunger.”

*Romeo Le Blanc
former Governor General
of Canada*