

## How can we help?

### Advice and Support

If you are part of a community or group that would like to start a garden, we can help you get the organizing process underway.

### Information Resources

In the Thunder Bay District Health Unit we have various resources available that can be borrowed from the library. Information sheets on various topics, displays, workshops and a video on community gardens are on hand. Call 625-5901.

### Websites

[communitygarden.org](http://communitygarden.org)  
[foodshare.net/garden12.html](http://foodshare.net/garden12.html)  
[nanaimocommunitygardens.ca](http://nanaimocommunitygardens.ca)  
[vancouver.ca/parks/parks/comgardn.htm](http://vancouver.ca/parks/parks/comgardn.htm)



## The Food Action Network

The Thunder Bay Food Action Network (FAN) is a non-profit coalition that works to improve access to safe, personally acceptable, nutritionally adequate food through a sustainable local food system. It brings together community members and organizations working in health care, social services, agriculture/food production, community development, education, anti-poverty, emergency food aid, environmental protection and municipal government to improve community food security in Thunder Bay and surrounding area through coordinated, community-led action.



[www.nwofood.com](http://www.nwofood.com)

For more information, to volunteer, make a donation or to become a member of the Community Garden Collective, call the Thunder Bay District Health Unit at 625-5956.



COMMUNITY  
GARDEN  
COLLECTIVE  
grow your own

## What is a Community Garden?

A Community Garden involves neighbours planning and growing a garden together for food.



## Community Gardens in Thunder Bay

- Franklin
- St. John Street
- Castlegreen Cooperative
- County Park
- Regent Park
- Little Lions - Syndicate Ave./ Tapiola
- LU Garden
- Roots to Harvest
- Confederation College
- Paquette Road
- 55 Plus Centre Garden
- June Steeve Lendrum
- Current River Churches' Community Garden

To get involved in a community garden near you, call 625-5956. A small fee may be required to participate.

## The Community Garden Collective

The Thunder Bay Community Garden Collective was formed in November 2008.

**We believe** in the Thunder Bay Food Charter and that Thunder Bay should be a place where all citizens have access to supports and resources that will enable them to grow, prepare and preserve their own food and get involved in their community.

**Our Mission** is to collaborate with the City of Thunder Bay and the community to increase food security through Community Gardens by coordinating information and resources and facilitating the development of new gardens.

Watching something grow is good for morale. It helps you believe in life.

--Myron S. Kaufmann

## The Benefits

Community gardening gives you the chance to:

- Garden even if you don't have a backyard
- Learn and share gardening skills
- Cut costs by buying seeds and tools with others
- Experience a sense of community with your neighbours
- Live in a safer neighbourhood - participants keep close eye on their garden

