

## Once a week, Take a peek

Anyone can get head lice. They crawl from head to head. Head lice is not a health hazard, but it can cause itching, extra work for parents and misuse of insecticides.

Check your child's head once a week for head lice. Check the whole head through clean, wet, untangled hair (especially around the ears and back of neck) using a fine-tooth comb or your fingers .

If you are not sure what to look for or how to deal with lice, visit [TBDHU.COM/schools](http://TBDHU.COM/schools) or call 625-5972.

Everyone needs to work together to fight the spread of head lice.



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