

AVOID ANTIBACTERIAL

Antibacterial soaps and lotions can contain Triclosan which is absorbed by your body and can cause skin irritations, allergies and hormone problems. Most of these products are washed down the drain, passing through water treatment plants and back into streams and lakes.

Antibacterial ingredients can be found in:

Dish soap

Toothpaste

Mouthwash

Cosmetics

Deodorants

Shaving gels

Acne lotion

Liquid and bar soaps



Wash your hands with plain soap and water. If a sink is not available, an alcohol-based sanitizer is the next best option.

For more information visit www.ecosuperior.org/triclosan



Thunder Bay District
Health Unit