

OUR PEOPLE MAKE THE DIFFERENCE!

Public health units consist of a variety of staff disciplines:

- Medical Officer/Associate Medical Officer of Health** is a medical doctor with a fellowship with the Royal College of Physicians and Surgeons of Canada in the specialty of community medicine.
- Public Health Nurses** are registered nurses who have a 4-year university degree in nursing and are members of the Ontario College of Nurses.
- Public Health Inspectors** must complete a 4-year degree in environmental health followed by a field work placement at a health unit. All inspectors must be certified by the Canadian Institute of Public Health Inspectors.
- Public Health Nutritionists and Dietitians** are Registered Dietitians with the College of Dietitians of Ontario. They have a 4-year university degree from an accredited nutrition program, plus an internship and/or a master's degree in a nutrition-related field.
- Registered Dental Hygienists and Certified Dental Assistants** have college diplomas and are members of Ontario colleges and associations.
- Registered Nurses and Registered Practical Nurses** are valued health professionals who enhance our programs and services.
- Program Evaluator, Epidemiologist, Information Specialists, Accountants, Managers, Health Promotion Planners, Librarians, Administrative Assistants and Support Staff** are all professionals that ensure public health services are of the highest quality possible.

FREQUENTLY CALLED NUMBERS

Clinics & Classes	
Breastfeeding Clinic	625-8827
Children’s Oral Health	625-5984
Flu Clinic Info (Sept-May)	624-9082
Food Safety Courses	625-5930
HIV Anonymous Testing	625-5981
Immunization Clinic	625-8346
Travel Immunization Clinic	625-5903
Early Prenatal Classes	625-5972
Sexual Health Clinic	625-5976
Tobacco Cessation	625-5982
For Families	
Healthy Babies Healthy Children	625-8814
Nutrition Promotion	625-8315
School Immunization	625-5971
For Communities	
Animal Bite Reporting	
(See health care professional) or call	625-5930
Infectious Diseases	625-8318
Library Services	625-8309
Public Health Inspection	625-5930
Septic Inspections	625-7990

MAIN OFFICE
Thunder Bay
999 Balmoral St.
Thunder Bay ON P7B 6E7
(807) 625-5900

BRANCH OFFICES
Greenstone
P.O. Box 1360
510 Hogarth Ave. W
Geraldton ON P0T 1M0
(807) 854-0454

Manitouwadge
1-888-294-6630
Marathon
P.O. Box 384
Marathon Library Building
22 Peninsula Rd.
Marathon ON P0T 2E0
(807) 229-1820

Red Rock
46 Salls St
Suite #2
Red Rock ON P0T 2P0
(807) 886-1060

Terrace Bay
P.O. Box 1030
McCausland Hospital
20B Cartier Rd.
Terrace Bay ON P0T 2W0
(807) 825-7770

Thunder Bay District Health Unit



PROGRAMS AND SERVICES



Make us a part of a healthy life!

What are public health services?

Public health services promote healthy living, healthy growth and development, injury and disease prevention and control communicable diseases in the community. Programs and services are available to individuals and groups of all ages in a variety of settings.

Our programs and services include:

Environmental Health

- Air quality inspections
- Safe water
- Emergency preparedness
- Food safety & courses
- Health hazard investigation
- Playground inspections

Family Health

- Information, support and resources for people planning a pregnancy, people who are pregnant & people who are transitioning to parenthood
- Prenatal & parenting classes
- Information to help families create a healthy & safe home environment

Children's Visual Health

- A free children's vision screening program offered to students in Senior Kindergarten
- Screening looks for signs of potential vision problems in children



Healthy Babies Healthy Children and Breastfeeding

- Information on children's growth and development
- Prenatal and parenting support through home visiting
- Information about community services
- Breastfeeding clinic and infant nutrition

Healthy Living, Injury Prevention & Drug and Alcohol Misuse

- Information, support and resources on being physically active, preventing injuries and reducing the amount of alcohol and drug misuse.

Healthy Schools

- Programming, information and resources to support students, staff and parents in creating a healthy school community.



Infectious Diseases Prevention & Control

- Hand hygiene
- Outbreak management
- Rabies
- Reportable disease
- Tattooing and body piercing
- Ticks and Lyme disease
- Tuberculosis
- West Nile virus

Immunization

- Immunization clinics for adults and children for routine immunizations, Hepatitis B, HPV and flu
- Information, counselling, immunization for travel
- Pandemic influenza information and planning

Nutrition Services

- Partner with schools, workplaces, child care organizations, recreation centres and other community groups to promote healthy eating and improve the food environment.

Children's Oral Health

- Oral health screenings
- Annual cleanings
- Fluoride varnish
- Sealants
- Referrals for dental treatment and assistance to obtain care and possible financial aid for children up to age 17

Septic & Land Development

- Issuing of septic applications and permits
- Severances & variances
- Inspections
- File searches

Sexual Health

- Sexual health clinics
- Birth control
- Counselling & referral
- Emergency contraceptives
- Pregnancy testing & options
- STI (Sexually Transmitted Infections) testing



Street Outreach Nursing

- Counselling and referral to services
- Harm reduction services
- Infectious disease follow-up
- STI testing and treatment

Superior Points

Services are free, confidential and include:

- Needles/syringe exchange
- HIV and AIDS education
- Counselling and referral to services
- Condoms
- Sterile water
- Hepatitis C prevention information
- Presentations to the public and organizations

Tobacco Control

- Information, training, support and resources about tobacco use prevention and youth engagement
- Enforcement of the Smoke-Free Ontario Act
- Cessation counselling
- Assistance to municipalities and community groups in developing policies to control tobacco use

Workplace Health Promotion

- Consultations with workplaces to promote healthy eating and physical activity, and to reduce stress and improve morale
- Information on a variety of workplace health issues through the Wellness@Work network