

!! HEALTH ALERT !!

December 11, 2020

Increase in overdoses from bad drugs

Path 525 has reported an increase in overdoses requiring breathing support in the last couple of days.

“Yellow Down” and “Kool-Aid Blue Down” may be contaminated with benzos and appear to be very toxic right now.

Police have also reported an apparent surge in drug related deaths from December 4th – 11th, 2020.

Ensure you take precautions to reduce your risk of overdose.

Reduce your risk

- Never use alone, or have someone check in on you
- Use the Supervised Consumption Service - Path 525 (**open Monday - Saturday 10am-6pm @ NorWest CHC**)
- Start low and go slow (e.g., with every new purchase, start with 1/3 of a normal dose)
- Avoid using drugs at the same time if using in a group
- Carry naloxone (**available free** from the Health Unit [621-7861] and most community social service agencies and pharmacies).
- Call 911 if someone develops signs of an overdose

Signs of overdose

- Impaired breathing, loss of consciousness, inability to talk, blue fingernails or lips, or loud snoring or gurgling.

Have you had an unexpected bad reaction to a street drug? Report bad drugs at www.tbdhu.com/baddrugs. Your report will be **anonymous**.

