



IMPORTANT COMMUNITY WARNING!

(October 15, 2021)

Increase emergency responses to overdoses

There has been an increase in overdoses over the last 24-hours reported by emergency services. We do not know the cause of these overdoses.

Ensure you take precautions to reduce your risk of overdose.

Signs of overdose

Impaired breathing, loss of consciousness, inability to talk, blue fingernails or lips, or loud snoring or gurgling.



THUNDER BAY

Drug Strategy



Thunder Bay District

Health Unit

If you use drugs, start with a smaller amount (start low, go slow)

Don't use drugs alone; use with someone you trust, visit Path 525 @ NorWest CHC or download the Lifeguard Digital Health App



Pick up a FREE naloxone kit from Superior Points or a pharmacy

Call 911 if your high feels unusual, or if you suspect someone is overdosing

If you are experiencing a crisis call

Crisis Response:

807-346-8282

NAN HOPE:

1-844-626-4673