

# Executive Summary

## The Issue

In Thunder Bay impaired driving rates remain higher when compared to Ontario rates.

## What We Did

In 2017, the Injury Prevention team of the Thunder Bay District Health Unit undertook a research project to better understand how residents get home safely after a night out. Included were user perspectives and challenges and potential solutions to getting a safe ride home on a night out and typical alcohol consumption, as well as promising interventions to improve late night transportation.

## What We Learned

### Common Challenges in Getting a Safe Ride Home:

- Lack of availability
- Lack of equitable options
- Concern for safety
- Weather and distances

### Preferences for Improving Late-Night Transportation:

- Introduce alternative ride services
- More affordable/available taxis
- Buses operating later on weekends or special events
- Better bus routes
- Taxi lines downtown
- Shuttle services for major events
- Flat rates for transportation to rural destinations

## Promising Practices

- Taxi stands
- Extended bus service
- Public education campaign

### Recommendations to Consider

- Explore how current late-night transportation options can be modified to address service gaps between the hours of 9:00pm and 3:00am
- Identify alternative ride-services that could be introduced to increase late-night transportation options
- Identify ways to address personal safety concerns related to getting a safe ride home

For the full report visit [TBDHU.com/saferidesatnight](https://www.tbdhu.com/saferidesatnight)