When to seek medical care for a child from 6 to 16 years old with influenza-like illness

START
Does your child have any of the following?

YES

Does your child have any of the following?
* Short of breath while resting/doing very little
* Finds breathing very difficult or painful
* Wheezing
* A temperature of over 39°C - see Measuring a Child's Temperature and Breathing
* Vomiting for more than 4 hours
* Hard to wake up, unusually quiet or unresponsive

YES

Possible cause: influenza with complications. Call 911 or go to the nearest emergency department

NO

Does your child have any of the following?

NO

Possible cause: Cold. Follow guidelines in When Your Child is Sick With Uncomplicated Influenza

YES

Does your child have a sore throat, stuffy or runny nose?

YES

Possible cause: Cold. Follow guidelines in When Your Child is Sick With Uncomplicated Influenza

NO

Does your child have any of the following?
* Aching muscles
* Headache
* Extreme tiredness
* Sore throat
* Runny or stuffy nose

YES

Possible cause: Uncomplicated influenza. See When Your Child is Sick With Uncomplicated Influenza or call Telehealth (1-866-797-0000; TTY: 1-866-797-0007) or go to your doctor

NO

If your child’s symptoms are not on this chart and you are concerned, call your doctor or Telehealth (1-866-797-0000; TTY: 1-866-797-0007) for advice

For more information:

Call Telehealth
- 1-866-797-0000;
- TTY: 1-866-797-0007

Source: Ontario Health Plan for an Influenza Pandemic - August 2008
Chapter #18A: Paediatric Services Tools 18A-6