When to seek medical care for an infant or young child under 6 years old with Influenza-like illness

**START**
Does your child have **any** of the following?

* Is an infant under 2 months of age and has a temperature higher than 38°C or lower than 36°C (armpit) - see Measuring a Child’s Temperature and Breathing
* Severe trouble breathing/ fast breathing - see Measuring a Child’s Temperature and Breathing
* Blue lips, cold feet, hands and/or toes; sudden paleness
* Limp or unconscious; abnormally sleepy; difficult to wake
* Extreme lack of energy; not interested in toys or playing

**NO**

Does your child have a fever plus any of the following?

* Chronic heart or lung disease requiring regular medical care
* A Chronic illness such as diabetes, cancer which is being treated; disease or treatments that affect the immune system
* Kidney disease
* A condition requiring regular ASA (acetylsalicylic acid)
* Hard to wake up; unusually quiet or unresponsive

**NO**

Does your child have a fever plus any of the following?

* Irritability
* Eating poorly
* Hoarse cry
* Barking cough
* Diarrhea or vomiting

**NO**

If your child’s symptoms or behaviors are not on this chart and you are concerned, call your doctor or Telehealth (1-866-797-0000; TTY: 1-866-797-0007)

**YES**

Possible cause: influenza with complications. Call 911 or go to the nearest Emergency department

**NO**

Does your child have a fever plus any of the following?

* Unable to breastfeed or not drinking fluids
* Does not urinate(pee)/ have a wet diaper at least every 6 hours
* Continuous vomiting
* Severe diarrhea
* Stiff neck, sensitive to light
* Convulsions or seizures-
* Full fontanelle (swollen soft spot on head)

**YES**

Possible cause: Uncomplicated influenza. See When Your Child is Sick With Uncomplicated Influenza or call Telehealth (1-866-797-0000; TTY: 1-866-797-0007) or go to your doctor

For more information:
Call Telehealth
- 1-866-797-0000
- TTY: 1-866-797-0007

Source: Ontario Health Plan for an Influenza Pandemic - August 2008
Chapter #18A: Paediatric Services Tools 18A- 6