SUCCESSFUL PROGRAMS

- Involve parents and volunteers.
- Are offered regularly.
- Are available for all students.
- Encourage social skills, such as sharing and politeness.
- Include nutrition education.
- Introduce children to new foods.
- Provide healthy and safe food.
- Give children energy to play, learn, and grow.

Why do Schools have Meal and Snack Programs?

School meal and snack programs provide our community’s children with nutritious foods so they are ready to learn. There are many reasons why meal programs are important for all children. They may arrive at school hungry because of:

- Early and long bus rides.
- Busy lifestyles that may lead to meal skipping.
- Shift work which makes it difficult for parents to prepare meals.

For menu and food safety consultation:

Thunder Bay District Health Unit
Nutrition (807) 625-5974
Inspection (807) 625-5992
or Toll Free 1-888-294-6630

For more information on starting a School Nutrition Program:

The Canadian Red Cross
(807) 345-6451

As a result of the healthy, nutritious foods provided at meal programs, teachers report that children have improved attendance, attention, behavior and levels of concentration.

IN THUNDER BAY & DISTRICT 2017-2018
Breakfast Programs

- Algonquin Public
- Armstrong Public
- Beardmore Public
- Bernier Stokes
- Bishop E.Q. Jennings
- Bishop Gallagher
- C.D. Howe
- Claude E. Garton
- Corpus Christi
- Crestview
- Dennis Franklin
- Cromarty High School
- École Gron Morgan
- Edgewater Park
- George O’Neill Public
- Gorham and Ware
- Hammarskjold High School
- Holy Cross
- Holy Family
- Holy Saviour
- Kakabeka
- Kingsway Park
- Lake Superior High School

Manitouwadge
Breakfast Club
Manitouwadge High School
Marathon High School
McKellar Park Central School
Nakina Public School
Nipigon Red Rock District High School
Nor’wester View
Ogden Community School
Our Lady of Charity
Our Lady of Fatima
Pope John Paul II
Sherbrooke
Sir Winston Churchill C&VI
St. Ann
St. Bernard
St. Edward Catholic
St. Elizabeth
St. Francis
St. James
St. Joseph Catholic
St. Jude
St. Margaret
St. Martin Terrace Bay
St. Martin Thunder Bay
St. Patrick High School
St. Ignatius High School
St. Paul
St. Pius X
St. Thomas Aquinas

Snack Programs

- BA Parker
- École catholique Franco-Terrace
- École catholique Val-des-Bois
- École St. Joseph’s Geraldton Composite High School
- Marathon High School
- McKellar Park
- Ogden Community
- St. Joseph
- Superior C&VI
- Westmount Public
- Woodcrest Public

Morning Meal Programs

- Agnew H. Johnston
- College Jump Start
- College Link
- Dorion Public
- École Secondaire Château-Jeunesse
- Holy Angels
- Marjorie Mills
- McKenzie
- Sam/Misol
- Schreiber Public School
- St. Brigid Catholic
- St. Hilary
- Terrace Bay Public School

Lunch Programs

- Bishop E.Q. Jennings
- Connections
- École secondaire Cité-Superieure
- Five Mile
- Gateway Alternative Education
- Margaret Twomey
- St. Ignatius High School
- Superior C&VI
- Westmount Public
- Woodcrest Public

When a child’s stomach is empty, everything else is secondary. Before developing a thirst for knowledge and a hunger for learning, one must satisfy the body’s own thirst and hunger.

- Romeo Le Blanc former Governor General of Canada