

## Read aloud with your children. It makes a difference.

Did you know that just 20 minutes of reading a day can change your child's life? Adults have an important role to play. Enjoying books with your child for even a few minutes a day can have a measurable effect on your child's reading skills.

Reading with your child is good for their health too. People who can read well are less likely to have long-term health problems. Read recipes, food labels, signs or games. Read anything you see!

January 27th is Literacy Day. For more information about reading with your child visit <https://abclifeliteracy.ca/family-literacy-day/>



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