

GLOVES

Don't be **SUPERMAN!** Change your gloves!

Superman Syndrome...preparing, handling and touching anything and everything while wearing the same pair of gloves.

Don't do it! Stop - change your gloves!

Gloves are a single use item and must be thrown away after each use! Always wash your hands after removing gloves or before changing into a new pair!



Change your Gloves:

- when they become soiled or torn
- after handling raw meats
- before handling cooked or ready-to-eat foods
- when leaving your task
- at least every four hours during continual use and more frequently when necessary
- at any time when you would otherwise wash your hands



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