

SUPERIOR POINTS HARM REDUCTION PROGRAM

MOBILE OUTREACH (THUNDER BAY)

Weekdays - 11:00am to 8:00pm



621-7861 | 621-7862

COVID-19 | Tips for Safer Drug Use

Practice Safer Use

- **Don't** share any of your gear – i.e. pipes, needles, swabs, joint
- **Clean** your space when you use drugs – use the swabs – ask for more
- **Fix** your drugs yourself

Plan Ahead

- **Plan** for drug shortages
- **Stock up** on over-the-counter medications for colds or flu
- Have **naloxone** on hand – call Superior Points for kits

Stay Healthy

- **Wash** your hands often with soap
- Cough or sneeze into your **sleeve**
- Take all your medications **daily**
- Keep your **distance** - from groups of people and from people who are sick



Thunder Bay District
Health Unit

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**Some supply locations may be closed.
Please Call SUPERIOR POINTS at
621-7862 for delivery.**