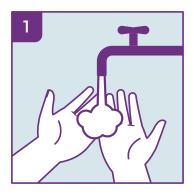
## Wash Your Hands

## Stop the Spread of Germs!



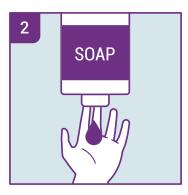
Wet hands.



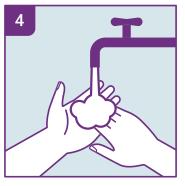
Rub between fingers, back of hands, fingertips, under nails.



Dry hands well with paper towel.



Apply soap. Lather for 20 seconds.



Rinse well under running water.



Turn taps off with paper towel, if available.

