Wash Your Hands
Stop the Spread of Germs!

1. Wet hands.
2. Apply soap. Lather for 20 seconds.
3. Rub between fingers, back of hands, fingertips, under nails.
4. Rinse well under running water.
5. Dry hands well with paper towel.
6. Turn taps off with paper towel, if available.

Visit TBDHU.COM/StopGerms for more information and printable resources.