

Attention

Do not enter if:



In the last 10 days, you have had any of these COVID-19 symptoms (new and unrelated to known causes):

- fever and/or chills
- cough
- shortness of breath
- decrease smell or taste

or 2 or more of these symptoms:

- fatigue
- muscle aches/joint pain
- nausea/vomiting/diarrhea
- sore throat
- runny/stuffy/congested nose
- headache

Anyone with symptoms of illness not listed above, or with any one of the symptoms in the second group, should stay home until symptoms are improving for at least 24 hours (or 48 hours if nausea/vomiting/diarrhea). Does not apply if fully vaccinated, not immune compromised, experienced the symptom(s) over 5 days ago and the symptoms have been improving for 24+ hours.



A doctor, health care provider, or public health unit told you that you should currently be isolating.



You live with someone who is currently isolating because they have COVID-19 symptoms, are awaiting test results, or tested positive for COVID-19.

Does not apply if you are 18 years of age or older with a booster dose of approved COVID-19 vaccine or under age 18 and fully vaccinated. Some additional exceptions apply. Visit covid-19.ontario.ca/self-assessment for more info.



If any of the above apply to you,

self-isolate immediately and follow the guidance at Ontario.ca/exposed. For more information on COVID-19, visit TBDHU.COM/coronavirus or call 625-5900, toll-free 1-888-294-6630 or your nearest branch office.