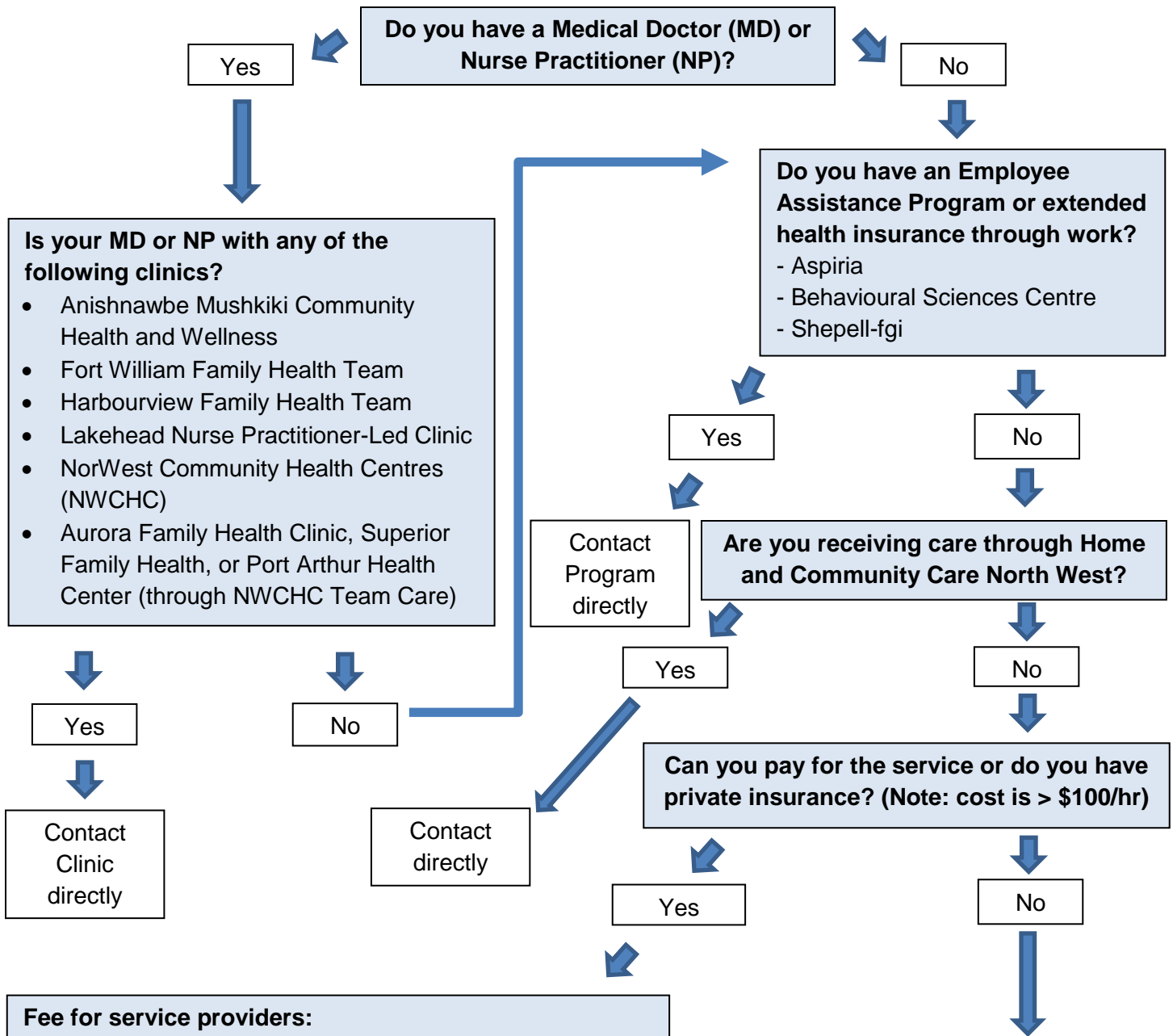


# City of Thunder Bay Outpatient Nutrition Services, March 2023



- Fee for service providers:**
- Cornerstone Clinic (Catherine Semenick)  
Call: 475-8523 or email: csemenick@cornerstone-clinic.ca
  - Oak Medical Arts – Sports Medicine Clinic  
Call: 343-8936 or visit: oakmedicalarts.com
  - Sara Brunner Soul Nutrition Consulting  
Visit: soulnutritionconsulting.com
  - Samantha Holmgren Dietetic Services  
\*inflammatory arthritis and co-existing health conditions  
Call: 807-598-0645 or visit: samanthaholmgren.ca
  - Shoppers Drug Mart (Loblaw Companies Ltd.)  
Visit: dietitianservices.ca
  - Superior Nutrition Consulting Services (Simon Belanger)  
Call: 701-7140 or email: superiornutritiontbay@gmail.com
  - Telus Health MyCare Dietitian Services  
Visit: telus.com/en/personal-health/my-care/dietitians

- Covered (free) service providers:**
- Dilico Anishinabek Family Care (Jen Moore)  
Call: 626-5249
  - General High Risk Nutrition (TBRHSC) – request referral through MD, NP, or other registered health care provider
  - Health811(formerly Telehealth Ontario)  
Call: 811 (1-866-797-0007) or live chat: healthconnectontario.health.gov.on.ca