

# Are you protecting your most important business asset?

No matter how big or small, any company's biggest asset is its employees.

## Top 5 reasons to invest in employee wellness:

- 1 More productive and engaged employees
- 2 Improved workplace culture and staff morale
- 3 Reduced absenteeism
- 4 Less turnover and better ability to attract new talent
- 5 Good return-on-investment - wellness programs don't have to be expensive to show reduced health and benefits costs

Your workplace wellness is our business.

Thunder Bay District Health Unit is here to help you design a worksite wellness program that is customized to meet your needs! Contact our team of workplace wellness experts today.

All services are free!

Email us at:

[workplacewellness@tbdhu.com](mailto:workplacewellness@tbdhu.com)

