

Nutrition Month 2024



# Community Conversations & Action

on Food Insecurity

Come share a meal with fellow community members, learn about the issue of household food insecurity in the Thunder Bay District, share your experiences with food insecurity, and write to political representatives about your concerns.

Thursday, March 14th

6-8 PM

**Roots Community Food Centre**

450 Fort William Road,  
Thunder Bay ON

- Vegetarian soup and biscuits will be provided
- Presentation and discussion on the 2023 *Cost of Eating* and *Hungry for Change* reports
- Letter, email, and postcard writing

Questions?

Call 807-625-8813 or email [michaela.bohunicky@tbdhu.com](mailto:michaela.bohunicky@tbdhu.com)  
No RSVP needed

Free event

Everyone welcome