

Mobilize

Assess

Plan

Do

Evaluate

EVALUATE

Evaluating the Workplace Wellness Program shows what difference it is making and helps to maintain management support. Measuring progress helps to identify how the program can be refined. Improvements can be captured in an updated plan that continues to build a healthier workplace.



Key Steps

- Review data already gathered and collect any new information needed to measure the quality and impact of the wellness program. This could include an employee survey to assess satisfaction with activities. Participant testimonials can also help demonstrate program success.
- Analyze the information collected. Compare data to what was collected at the start of the program, if possible.
- Consult with employees for their perspectives to better understand evaluation data, if needed.
- Reflect on what is working well and what can be enhanced.
- Celebrate achievements.
- Disseminate evaluation results to organizational leadership and to employees at all levels. Highlight successes of what is working well to promote employee wellness.
- Refine the plan as needed to improve the program.
- Continue with efforts to build a healthier workplace.



workplacewellness@tbdhu.com



(807) 625-5900 or 1-888-294-6630



[TBDHU.com/workplaces](https://www.tbdhu.com/workplaces)

TBDHU is here to help!

Ask us about our services and resources.

