

COMMON GOOD FOOD GARDENS



Meet Kyle, Founder

“Everyone deserves a good meal, no questions asked. It can be said good meals begin with fertile soil and a planted seed.”

Q: WHAT INSPIRED YOU TO START COMMON GOOD FOOD GARDENS?

K: Common Good Food Gardens was formed out of a desire to actively participate in producing the food resources needed to meet the needs of the Dew Drop Inn. It is inspired by the empowerment and accountability that comes from being responsible for - and including community in - food production, storage, preparation, serving, preservation, and seed saving; the complete food cycle.

Q: WHY DO YOU FEEL THIS IS AN IMPORTANT INITIATIVE?

K: Food sovereignty and food security in general are important to consider, especially from a point of view of sustainability, community building, and within a context of rising costs of resources and unprecedented increases in demand for food access Common Good Food Gardens wishes to thoughtfully consider a way of being that makes food resources available to everyone, in a sustainable way. The importance of initiatives who prioritize dignified food access, inclusivity, and community is like the value of nourishment.

Q: WHAT DO YOU FEEL MADE COMMON GOOD FOOD GARDENS SUCCESSFUL?

K: The success of Common Good Food Gardens can be evaluated in many ways. We can quantify the project's success in terms of pounds of food generated, square-footage of land utilized, number of meals prepared. Also, if we wish, we can evaluate success by the health of the soil. I like to think that simply by existing, Common Good Food Gardens is a success. By being an example of an initiative of giving, without asking anything in return, the project is a success. Success happens every time a seed is planted, and every time the health of the soil is considered an expression of the health of the community. Success is achieved every time it is realized that when we feed someone else, we are feeding our very own self.

Q: DO YOU HAVE ANY TIPS FOR THOSE WHO MAY WANT TO START THEIR OWN GARDENING/ FOOD SECURITY PROJECTS?

K: Begin by planting a single seed and plant it with good intentions. The garden will communicate its needs. Keep an open heart. Always ask before harvesting, Take only what you need. Give thanks for everything the garden gives. Follow your heart. Trust yourself above all others.

Q: HOW CAN COMMUNITY MEMBERS AND PARTNERS PARTICIATE IN THIS INITIATIVE?

K: Community Good Food Gardens is currently accepting donations of land use, money, time, and other resources (such as vehicle access) to assist with the growing needs of the project.

**PLEASE CONTACT PROJECT FOUNDER KYLE TONKENS,
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