

# Take Control

## Personal Tobacco-Free Counselling

*One on one intensive free counseling available to assist with smoking and vaping cessation!*

Fax to (807) 625-4824

Joanne Powell, PHN  
Tobacco Cessation Nurse  
Phone: (807) 625-5982

### CLIENT REFERRAL FORM

Client	Stamp/Sticker/Notes
Last Name: _____	
First Name: _____	
Address: _____	
Postal Code: _____	
Date of Birth: _____ Day/month/year	
Health Card # _____	
Phone # _____	

Referred By	Stamp/Sticker/Notes
Name: _____	
Organization: _____	
Phone #: _____	
<input type="checkbox"/> Verbal Consent Received	
<input type="checkbox"/> Patient is medically approved to use nicotine patch, gum, inhaler, quickmist or lozenges at a dose recommended by the manufacturer.	
Signature: _____	

Client Consent and Personal Information Section:

*I understand that an employee from the Thunder Bay District Health Unit will be contacting me to discuss and arrange for participation in a Tobacco Cessation Program. My participation is voluntary. I understand that any information I provide will be kept confidential. I give the Tobacco Cessation Program and the referring health care professional permission to discuss my quit status if deemed necessary.*

Client Signature: \_\_\_\_\_