Thunder Bay District Health Unit  
999 Balmoral Street  
Thunder Bay, ON P7B 6E7  
workplacewellness@tbdhu.com





Resource Order Form

**Please complete the sections below shaded in yellow.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **CLIENT INFORMATION** | | | **ORDER INFORMATION** | |
| Name: |  | | Date: |  |
| Title: |  | | Pickup/Delivery:  (check one) | My workplace is located in Thunder Bay. I will pick up the resources from TBDHU.  My workplace is located in the district. Please arrange delivery. |
| Organization: |  | |
| Address: |  | |
| Number of employees: | 1-19   100-249 | 20-99  250+ |

|  |  |  |  |
| --- | --- | --- | --- |
| **RESOURCE REQUEST** | |  | |
| **Type** | **Description** | | **Quantity** |
| Bulletin Board Kits  (Kit designs can be viewed online at the link below:  [SuperiorMental Wellnessat Work.com](https://www.tbdhu.com/health-topics/workplace-health/superior-mental-wellness-work#MH-Resources) | #1: Get Real Photovoice | |  |
| #2: Mental health in the workplace | |  |
| #3: Promoting good mental health | |  |
| #4: Keep stress in check | |  |
| #5: Work life balance | |  |
| #6: Stand up to stigma | |  |
| #7: Is substance use affecting your life? | |  |
| If you are ordering more than one bulletin board kit, indicate if you have one or multiple bulletin board spaces. (check one) | | I have one board space that will display the kit designs at different times.  I have multiple board spaces to display the kit designs. |
| Help Cards | Folded business cards list key services for professional mental health support. [(link to view)](https://www.tbdhu.com/health-topics/workplace-health/superior-mental-wellness-work#MH-Resources) | |  |
| Help Card Holders | Small, clear acrylic holders display approximately 24 folded help cards | |  |
| Tip Cards | Information card with tips for leaders and employees on supporting mental health at work [(link to view)](https://www.tbdhu.com/resource/workplace-mental-health-tip-card) | |  |
| Get Real Photovoice Exhibit | A mobile art exhibit that features selected local photos to spark conversation about mental health at work. The exhibit contains 15 easels and poster boards that can be displayed together or in parts. [(link to the Get Real Photovoice project)](https://www.tbdhu.com/health-topics/workplace-health/superior-mental-wellness-work/get-real-photovoice-mental-health-at) | | Indicate the dates that you wish to borrow the exhibit:  Click or tap here to enter text. |
| Workplace Wellness Toolkit | This two-part toolkit provides comprehensive information about promoting workplace wellness, including psychological health and safety. [(link to Part 1: workplace wellness toolkit)](https://www.tbdhu.com/health-topics/workplace-health)  [(link to Part 2: workplace mental wellness toolkit)](https://www.tbdhu.com/health-topics/workplace-health/superior-mental-wellness-work#MH-Resources) | |  |
| Workplace Wellness Assessment Tools | Employee interest survey templates and a comprehensive workplace scorecard are available to workplaces interested in conducting workplace wellness assessments. | | I am interested in conducting an employee interest survey.  I am interested in the workplace wellness scorecard. |
| **Order notes:** *Use this space to indicate any additional information needed to process this request.*  Click or tap here to enter text. | | | |

**Email this completed resource request form to** [**workplacewellness@tbdhu.com**](mailto:workplacewellness@tbdhu.com)**.  
You will be contacted when the order has been processed.**