

HARM REDUCTION SUPPLIES

THUNDER BAY DISTRICT HEALTH UNIT



SUPERIOR POINTS HARM REDUCTION

The Superior Points Harm Reduction Program supplies registered organizations and agencies within the City and District of Thunder Bay with Harm Reduction Supplies through the Ontario Harm Reduction Distribution Program.

This reference document was created to provide details on the supplies that the Superior Points Harm Reduction Program is able to provide. Please note, items in stock may vary.

If you have further questions after reviewing this document, please do not hesitate to reach out to the team for assistance!



HARM REDUCTION SUPPLIES

THUNDER BAY DISTRICT HEALTH UNIT

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Supplies can be ordered online at
www.TBDHU.com/superiorpoints/harmreductionsupply



HARM REDUCTION SUPPLIES

THUNDER BAY DISTRICT HEALTH UNIT

INJECTION EQUIPMENT



1CC INSULIN SYRINGE

- Commonly used for intravenous drug use
- Most requested
- Comes in orange box of 100
- Never share or reuse a needle.



3CC BARREL

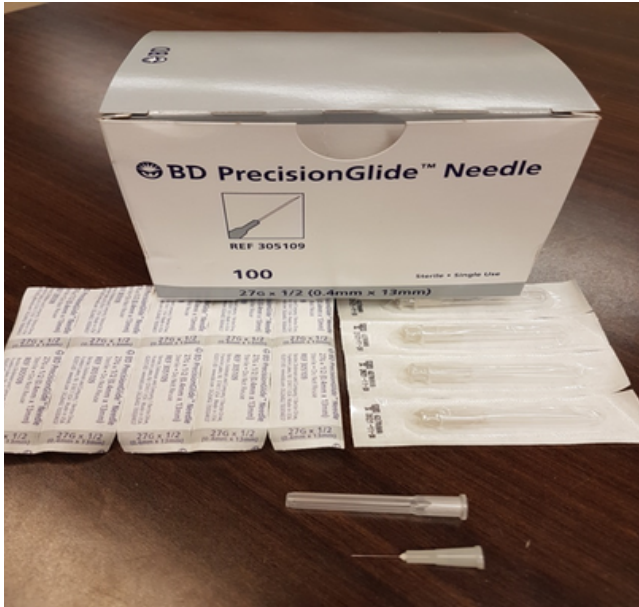
- Can be used for intravenous or intramuscular (steroid) use
- Used with a variety of different sized needle tips
- Never share or reuse a needle.



HARM REDUCTION SUPPLIES

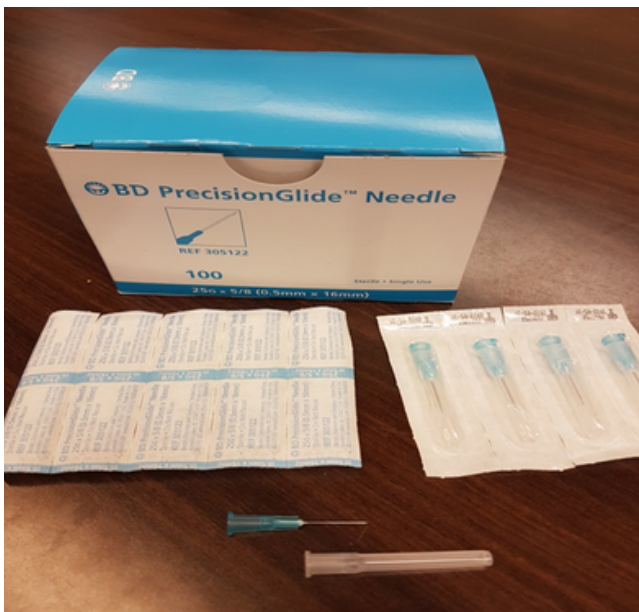
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INJECTION EQUIPMENT



27 GAUGE 1/2" TIP

- Primarily used for intravenous use
- Smallest Gauge we carry
- Never share or reuse a needle.



25 GAUGE 5/8" TIP

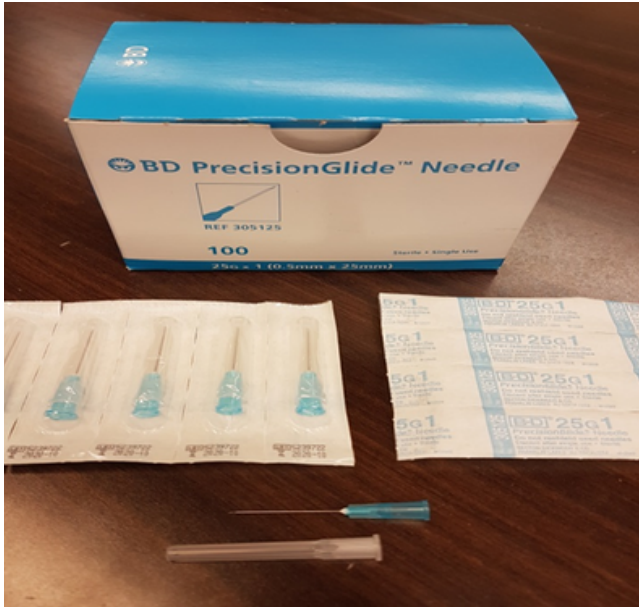
- Can be used for intravenous and intramuscular (steroid) use
- Shortest of the 25 G needle tips at 5/8"
- Never share or reuse a needle.



HARM REDUCTION SUPPLIES

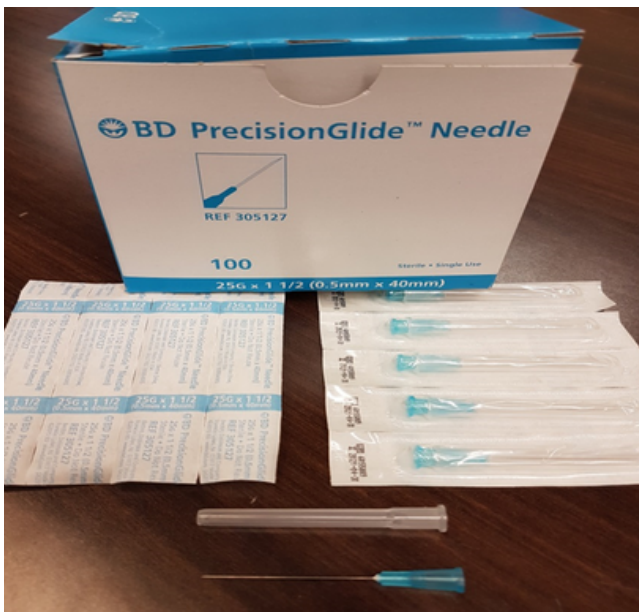
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INJECTION EQUIPMENT



25 GAUGE 1" TIP

- Primarily used for intramuscular (steroid) use but occasionally requested for intravenous use
- Never share or reuse a needle.



25 GAUGE 1 1/2" TIP

- Primarily used for intramuscular (steroid) use
- Longest of the 25 G needle tips at 1 1/2"
- Never share or reuse a needle.



HARM REDUCTION SUPPLIES

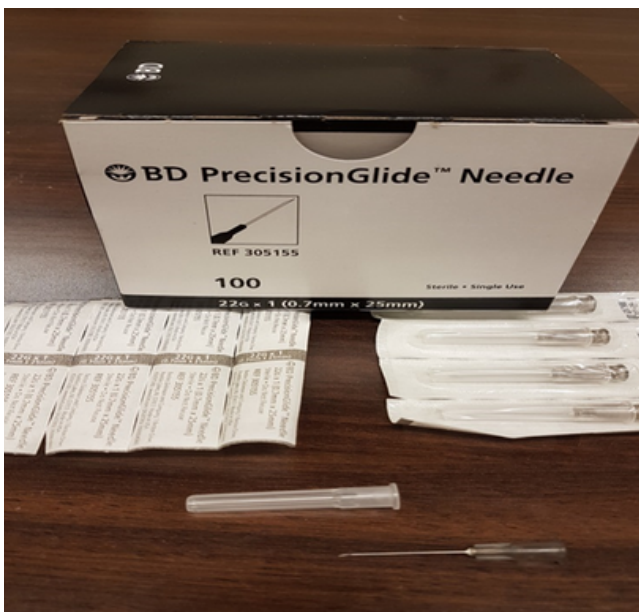
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INJECTION EQUIPMENT



23 GAUGE 1" TIP

- Primarily used for intramuscular (steroid) use
- Never share or reuse a needle.



22 GAUGE 1" TIP

- Primarily used for intramuscular (steroid) use
- Never share or reuse a needle.



HARM REDUCTION SUPPLIES

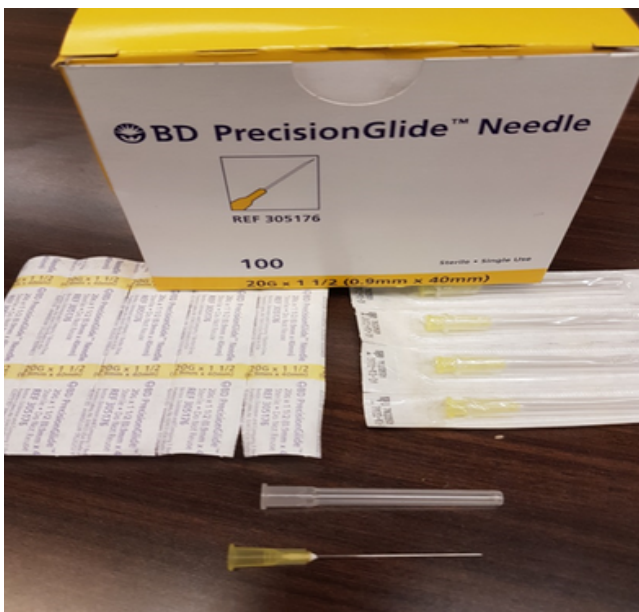
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INJECTION EQUIPMENT



22 GAUGE 1 1/2" TIP

- Primarily used for intramuscular (steroid) use
- Never share or reuse a needle.



20 GAUGE 1 1/2" TIP

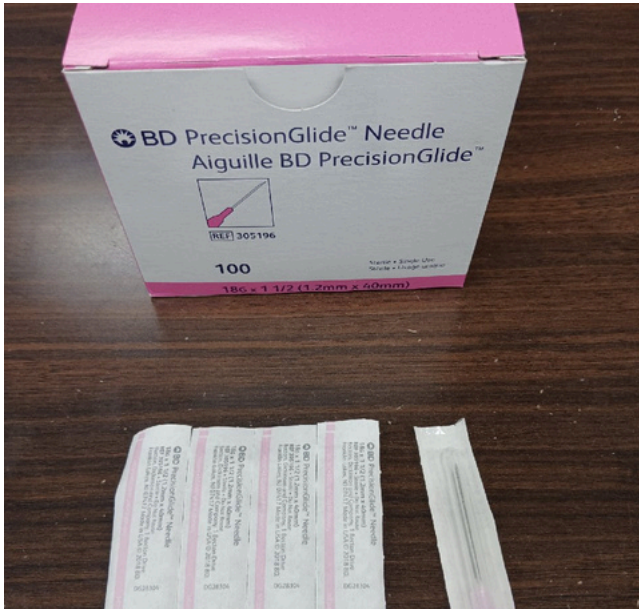
- Primarily used for intramuscular (steroid) use
- People will also disclose that they are using this tip for drawing up the liquid from the vile
- Never share or reuse a needle.



HARM REDUCTION SUPPLIES

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INJECTION EQUIPMENT



18 GAUGE 1 ½” TIP

- Primarily used for intramuscular (steroid) use
- People will also disclose that they are using this tip for drawing up the liquid from the vile
- Never share or reuse a needle.



STERILE WATER

- Sterile Water for injection use comes in single-use 3ml plastic ampoules to be used to prepare drugs for injection. The water is used to dissolve drugs into a solution that can be injected.
- A new sterile water ampoule is needed for every injection to prevent transmission of blood borne pathogens and bacterial infection.



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INJECTION EQUIPMENT



TOURNIQUETS

- Tourniquets or "ties" are used to "tie off" and restrict venous blood flow causing the veins to bulge out and become accessible to facilitate injection.
- Tourniquets are less likely to cause trauma to the veins than other commonly used ties such as belts, bandanas, shoelaces, etc.
- It is important to learn how to use a tourniquet safely.



COOKERS (STERICUPS)

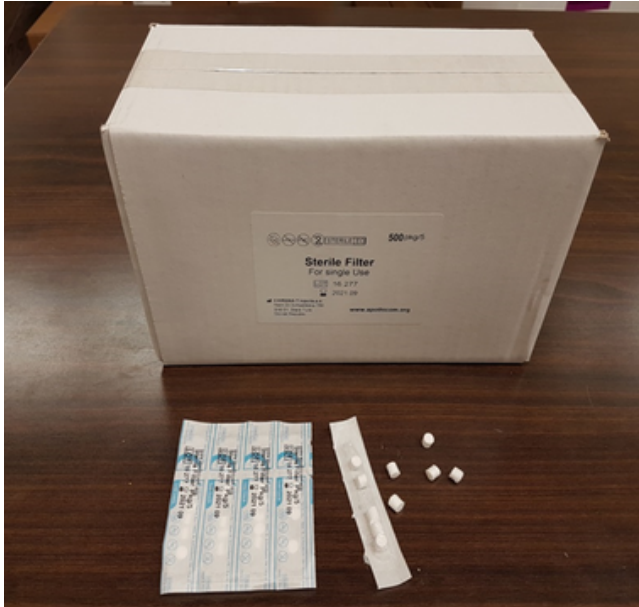
- Prior to injection, drugs in powder, solid and tablet form must be mixed with sterile water. Cookers are the containers used for this drug preparation process, often heated to create a desired drug consistency.
- All cookers are sterile and safer containers to mix drugs in than kitchen spoons, cans, or bottle caps. Using a new cooker every time will reduce transmission of HIV, hepatitis C, bacterial and other infections.



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INJECTION EQUIPMENT



FILTERS

- A filter is placed in the cooker once the drug solution has been heated and allowed to cool. The solution is drawn through the filter into the syringe in order to trap small particles and prevent them from being injected. Filters are effective at filtering particles from the solution but not for the removal of bacteria or viruses.
- A new sterile filter is needed for every injection.



VITAMIN C

- Acidifiers are used to convert insoluble drugs like brown heroin or crack-cocaine into a water-soluble, injectable form by adding an acid.
- If an acidifier is needed to dissolve drugs, use the smallest amount possible to reduce risk of vein damage. Only use pharmacy grade vitamin C.



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INJECTION EQUIPMENT



SHARPS CONTAINERS

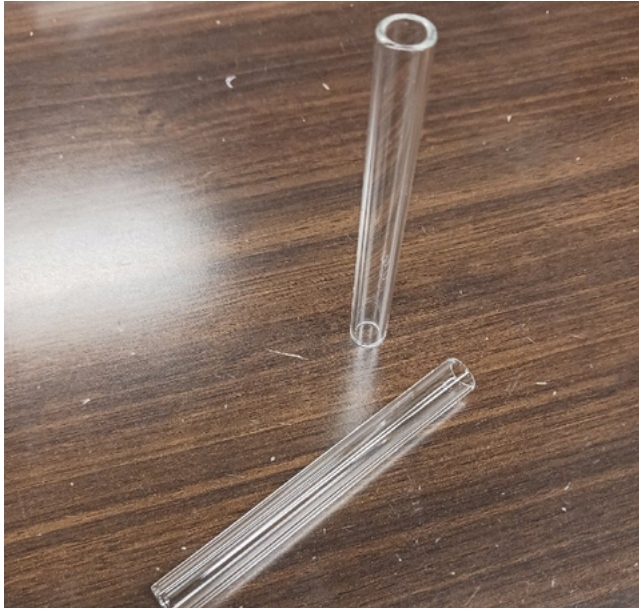
- Yellow plastic containers are provided for safe disposal of used harm reduction supplies.
- Containers are available in a variety of sizes.



HARM REDUCTION SUPPLIES

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INHALATION EQUIPMENT



STRAIGHT STEMS / CRACK PIPES

- A straight stem is used for smoking crack cocaine.
- Always use brass screens and a mouthpiece with the straight stem to prevent cuts, burns and reduce the transmission risks of HIV and hepatitis C.



CRACK PIPE MOUTH PIECES

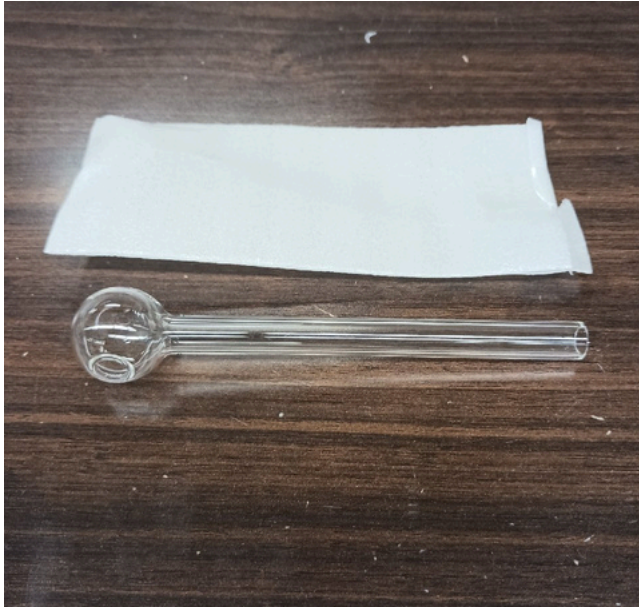
- Mouthpieces fit on the end of a stem to ensure heat is not conducted to the lips which may prevent burns. They also reduce risk of cuts and protect lips from chipped or cracked stems.
- Always use your own mouthpiece for safety.



HARM REDUCTION SUPPLIES

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INHALATION EQUIPMENT



METH PIPES / BUBBLE PIPES

- Bowl pipes are used primarily for smoking crystal meth.
- Always use a mouthpiece to prevent cuts, burns and reduce the spread of HIV, HCV and other harms.



METH MOUTH PIECES

- Mouthpieces fit on the end of a pipe to ensure heat is not conducted to the lips which may prevent burns. They also reduce risk of cuts and protect lips from chipped or cracked stems.
- Always use your own mouthpiece for safety.



HARM REDUCTION SUPPLIES

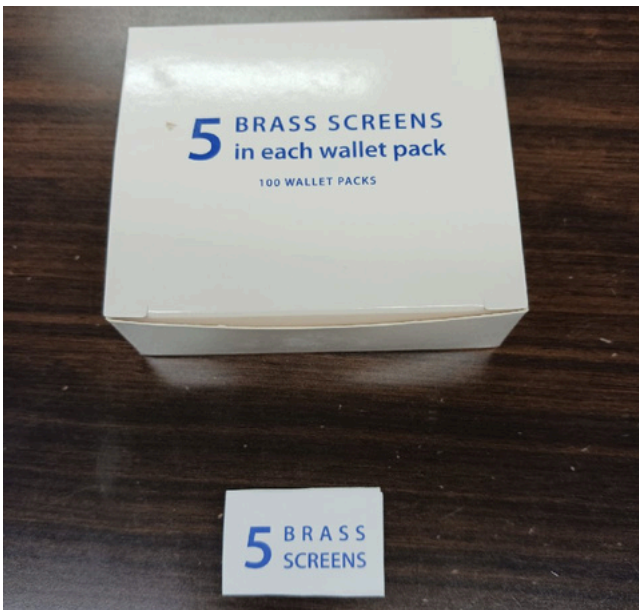
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INHALATION EQUIPMENT



PUSH STICKS

- Push sticks are used to pack and position screens inside the straight stem and can be used to recover the resin that accumulates in the pipe.
- Never use makeshift sticks that could chip or crack the glass stem.



BLUE SCREENS

- Screens are used to hold drugs in place near the end of the stem. Screens are manually manipulated to fit into the stem with the help of wooden push sticks.
- When positioned properly they can prevent burns to the mouth and throat. Brass screens are non-toxic and less likely to break apart when heated.
- Blue screens are woven more tightly and can be more difficult to manipulate.



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INHALATION EQUIPMENT



ORANGE SCREENS

- Screens are used to hold drugs in place near the end of the stem. Screens are manually manipulated to fit into the stem with the help of wooden push sticks.
- When positioned properly they can prevent burns to the mouth and throat. Brass screens are non-toxic and less likely to break apart when heated.
- Orange screens are woven looser than blue screens and can be easier to manipulate.



FOIL

- Foils are usually used to smoke drugs by placing the drugs on top of the foil and heating from underneath. It can also be used to make a tube (tooter) to be used as a pipe.
- This foil is made specifically for smoking drugs; it is thicker than store bought foil and has no oil coating.



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INHALATION EQUIPMENT



SNORTING STRAWS

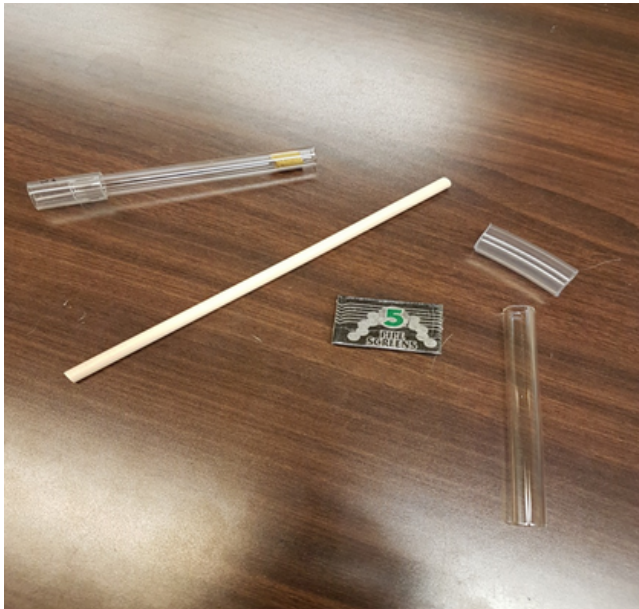
- Paper straws are used for snorting or inhaling vapour.
- They can reduce harms such as scratches or tears associated with snorting drugs.
- Straws should never be shared.



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KITS



CRACK PIPE KIT

- Stems are used to funnel vapours to inhale smoke. Screens are used to hold drugs in place near the end of the stem. Screens are manually manipulated to fit into the stem with the help of wooden push sticks. Mouthpieces fit on the end of a stem to ensure heat is not conducted to the lips to help prevent burns.



METH PIPE KIT

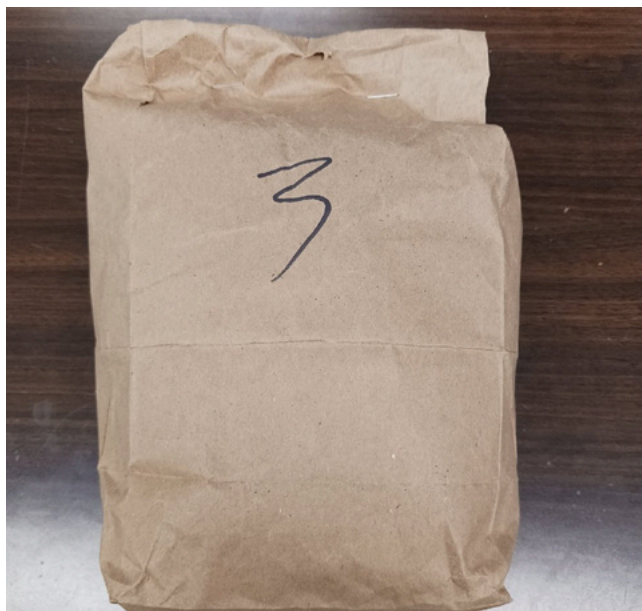
- Pipes are used to funnel vapours to inhale smoke.
- Mouthpieces fit on the end of a stem to ensure heat is not conducted to the lips to help prevent burns.



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KITS



3CC KIT

- 27 gauge tips and 3cc barrels with ties, cookers, water, swabs & filters (assembled by staff)
- Paper bag of 20 needles



1CC NEEDLE KIT

- 1cc insulin syringes with ties, cookers, water, swabs & filters (assembled by staff)
- Commonly used for intravenous drug use
- Paper bag of 20 needles



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KITS



SNORTING KIT

- Includes 2 paper straws for snorting, 4 swabs, 2 ampoules of water (for cleansing nose) and a cardboard insert (for cutting/chopping substance)



HARM REDUCTION SUPPLIES

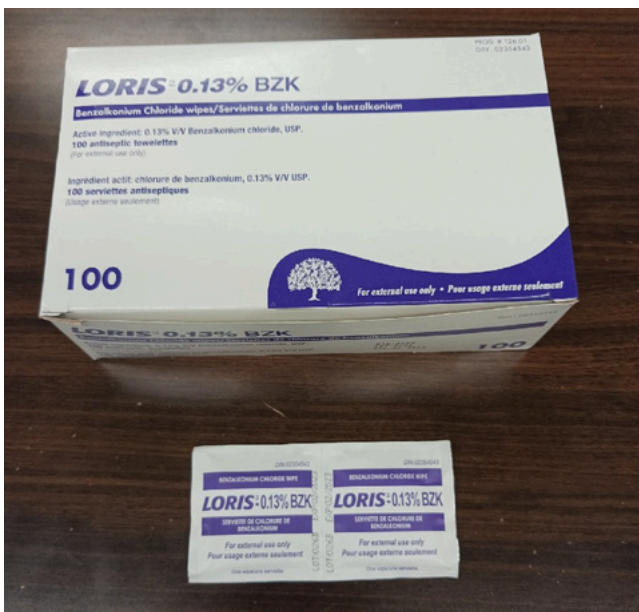
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OTHER EQUIPMENT



ALCOHOL SWABS

- Sterile alcohol swabs are for cleaning the injection site before injecting and are intended for single-use only.
- After injecting, use the dry swab found in the cooker package, never an alcohol swab.



BZK WIPES

- BZK wipes are used for washing hands when soap and water are not available.
- Always wash hands before handling harm reduction supplies.



HARM REDUCTION SUPPLIES

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OTHER EQUIPMENT



CLEAR BAGGIES

- Primarily used for packaging safer inhalation kits



PAPER BAGS

- Primarily used for packaging safer injection kits



HARM REDUCTION SUPPLIES

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OTHER EQUIPMENT



BLUE BAGGIES

- Primarily used for packaging meth kits



SAFER SEX SUPPLIES

- Superior points offers coloured and flavoured condoms as well as lubrication.



HARM REDUCTION SUPPLIES

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TIPS!

- If you are not sure what a client needs, ask questions for clarification (e.g. If they aren't sure what size tips they need, ask if it is for intravenous or intramuscular use).
- Do not accept loose needles or unsecure/suspicious container or bag, offer them a sharps container for safe disposal.
- There is no limit on quantity requested, however based on your current inventory, you may limit supplies.
- If a client is requesting large quantity or being uncooperative refer them to Superior Points Harm Reduction at 621-7861 or 621-7862.

COMMONLY USED TERMS

NEEDLES

- Gear
- Pins
- Points
- Orange tips (1cc)
- Grey tips (27 G)
- Blue tips (25 G)
- Yellow tips (20 G)

CRACK KITS

- Stems
- Straight shooters
- Pipes/pipe kit
- One hitter

3ML/3CC SYRINGES

- Barrels
- Plungers
- Syringes
- 3cc
- Tubes

STERICUPS

- Spoons
- Bowls
- Cups
- Cookers

ALCOHOL SWABS

- Swabs
- Wipes
- Pads
- Alcohol

TOURNIQUETS

- Ties
- Bands
- Blue bands
- Rubber bands

FILTERS

- Cotton balls
- Fuzzy balls
- White balls

SHARPS CONTAINERS

- Bins
- Buckets
- Pails
- Yellow box

INJECTING

- Shooting
- Hitting
- Poking
- Popping – injecting just under the skin
- Muscling – injecting into muscle
- Back loading – filling one needle with another needle
- Fixing – preparing needle/drug for injection
- Flagging – pulling back on plunger to draw blood to ensure a vein has been hit