

TBDHU visits all eligible schools in the Thunder Bay District twice each year to provide FREE vaccines to Grade 7 students.

Students in Grade 8 who are missing vaccines will be offered catch-up doses. Some may have a signed consent from Grade 7. If not, a signed online consent form can be submitted OR verbal consent can be given over the phone.



Parents/guardians must give consent before a student receives any vaccine. Each Grade 7 family will receive an information package that outlines the requirements, including the deadline to submit and how to use the new online consent form.

Find the clinic dates at [TBDHU.com/schoolimmunizations](https://www.tbdhu.com/schoolimmunizations). Any changes will be communicated through social media and the website will be updated.

Students who miss a school clinic will be contacted so families are aware of the options available to get the missing dose.

## PREPARE YOUR STUDENT FOR THE SCHOOL CLINIC:

- Let them know that they may receive up to three different shots, one for each vaccine, and they will be asked some questions about their health.
- Prepare them for normal, minor side effects that don't last long; pain, swelling or redness. A nurse will monitor them for 5 minutes after the vaccines. If you notice any change in their health that concerns you, contact your health care provider.
- Ask your student to wear clothes that allow easy access to their upper arm as that's where the vaccines will be given.
- Learn more about strategies to reduce pain and other valuable information by clicking on the *Frequently Asked Questions for Grade 7/8 Vaccinations* tab at [TBDHU.com/schoolimmunizations](https://www.tbdhu.com/schoolimmunizations).
- Keep the take home sheet that comes home with your student as this is proof they received the vaccine. When TBDHU gives a vaccine, it will be added to their provincial vaccine record by our staff. See [TBDHU.com/vaxreport](https://www.tbdhu.com/vaxreport) for more information.

## THE VACCINES YOUR STUDENT IS ELIGIBLE TO RECEIVE:

### HEPATITIS B VACCINE - Protect the liver

Hepatitis B is caused by a virus that attacks the liver. It is one of the most common causes of liver cancer around the world.



The hepatitis B vaccine is between 95% and 100% effective when children receive two doses. The first dose is given in the fall and the second dose is given 4 to 6 months later.

### HUMAN PAPILLOMAVIRUS (HPV) VACCINE - Prevent cancers

Human papillomavirus (HPV) is very common around the world. HPV can cause cervical or penile cancer, and other cancers in men and women.



Infections from the most common types of HPV can be prevented by vaccination. For most students, 2 doses are recommended. The first dose will be given in the fall and the second dose 6 months later.

### MENINGOCOCCAL VACCINE - Prevent meningitis

Meningococcal disease is a serious bacterial infection that is the leading cause of bacterial meningitis in teens and young adults. It can cause strokes, hearing loss, seizures or blood infections.



In Ontario, children receive a meningococcal vaccine at 1 year of age and again in Grade 7. *These meningococcal vaccines are required for children to attend school in Ontario, unless they have a valid exemption.*

**For more information on these vaccines** and the other FREE vaccines that are available across the lifespan, visit [Ontario.ca/vaccines](http://Ontario.ca/vaccines).

## Already got a vaccine? Let us know!

- Report any vaccines received from another health care provider
  - Ask the provider to send the records to TBDHU
- OR
- Send them yourself by using one of the options listed at [TBDHU.com/vaxreport](http://TBDHU.com/vaxreport), including a new option that allows families to send photos of records

**To speak with a nurse** about the school visits or other vaccine related questions, call 807-625-5908 or contact your nearest branch office.