

WALKING OR WHEELING TO SCHOOL

SAFETY TIPS



walk or wheel
WOW
thunder bay

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Active school travel, such as walking, cycling, or wheeling to school, is a great way to

- increase daily physical activity levels,
- improve academic, social and emotional development,
- create safer school zones due to the reduction in vehicle traffic.

Here are some safety tips for students who actively commute to school.

SAFETY TIPS



DRESS APPROPRIATELY



BE VISIBLE



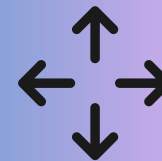
STICK TO A PLANNED ROUTE



PRACTICE THE ROUTE



BE AWARE OF SURROUNDINGS



LOOK ALL DIRECTIONS



OBEY ALL TRAFFIC SIGNS



BE FREE OF DISTRACTIONS