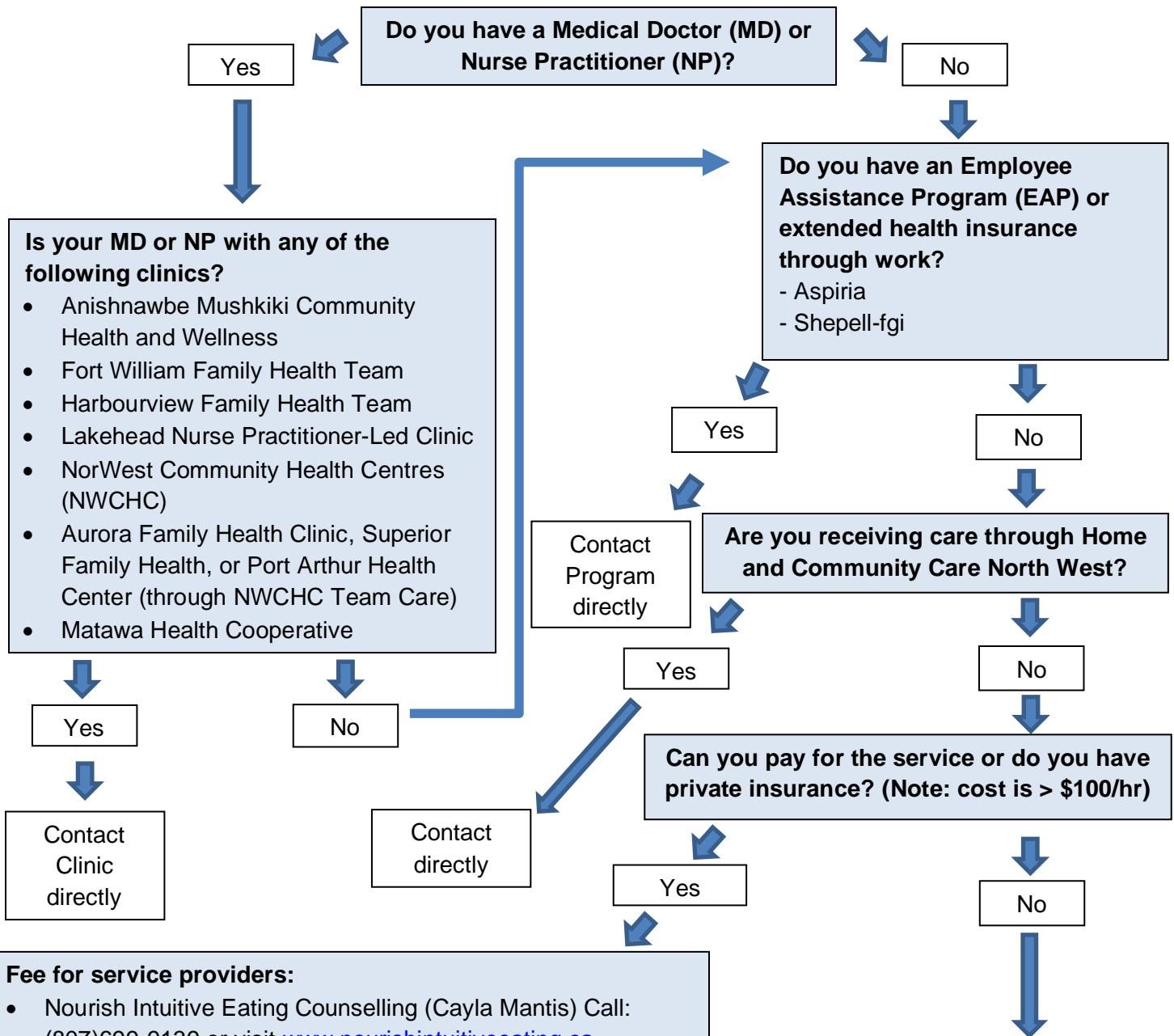


City of Thunder Bay Outpatient Nutrition Services, May 2024



Fee for service providers:

- Nourish Intuitive Eating Counselling (Cayla Mantis) Call: (807)699-9139 or visit www.nourishintuitiveeating.ca
- Kathleen Shaw, RD @kathleenshawdietitian kshawrd@hotmail.ca
- Cornerstone Clinic (Catherine Semenick) Call: 475-8523 or email: csemenick@cornerstone-clinic.ca
- Sara Brunner, Nutrition & Consulting Email: Support@sarabrunner.com or visit: <https://sarabrunner.com/>
- Samantha Holmgren Dietetic Services *inflammatory arthritis, chronic pain and fatigue related conditions* Call: 807-598-0645 Email: sam@samanthaholmgren.ca or visit: <https://samanthaholmgren.ca/>
- Alixis Davidson Dietetics through Fika Mental Health Call: (587)287-7995 or email: alixisdavidsonrd@outlook.com
- Superior Nutrition Consulting Services (Simon Belanger) Call:(807)701-7140 or email:superiornutritiontbay@gmail.com
- Telus Health MyCare Dietitian Services Visit: telus.com/en/personal-health/my-care/dietitians

Covered (free) service providers:

- Dilico Anishinabek Family Care (Jen Moore) for Indigenous clients only Call: 626-5100
- General High Risk Nutrition (TBRHSC) – request referral through MD, NP, or other registered health care provider
- Health811(formerly Telehealth Ontario) Call: 811 (1-866-797-0007) or live chat: healthconnectontario.health.gov.on.ca