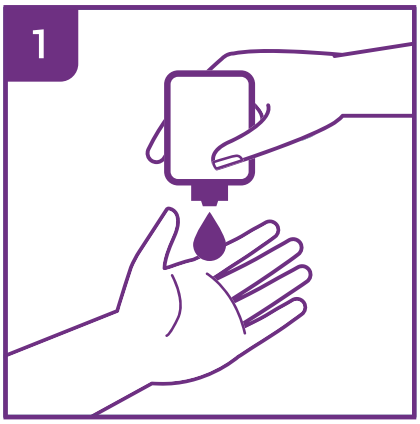
Sanitize Your Hands

Stop the Spread of Germs!

1



Apply sanitizer
(mininum 60% alcohol-based).

2

Rub hands together.

3

Work sanitizer between fingers,
back of hands, fingertips, under nails.
Rub hands until dry.

Visit TBDHU.COM
for more information and printable resources.

Thunder Bay District Health Unit