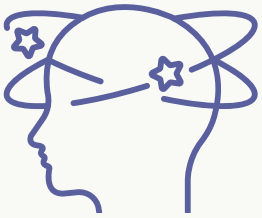
WHAT YOU SHOULD KNOW ABOUT NICOTINE PRODUCTS



NICOTINE POISONING

Too much nicotine can make you feel really sick. It can cause:

- Nausea and Vomiting
- Headaches and Dizziness
- Racing Heart
- Tiredness and Confusion

KNOW THE RISKS!

CONTACT US FOR MORE INFORMATION

Thunder Bay District Health Unit