GLEANING

Pick your own fruits and vegetables for free!!

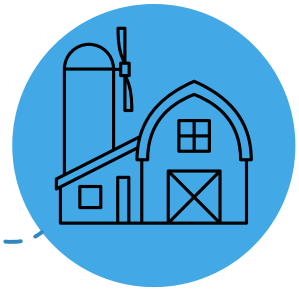
What is gleaning?

The practice of gathering produce that have been left behind after a farmer has harvested their crop. These crops would otherwise be left in the farmers's fields and ploughed under.

How does it work?

When a farmer has produce, they will coordinate with the Health Unit to choose a date and time.

Those interested in participating in a gleaning trip will register through the online registration form and choose which pick up location they will be using.



Participants will have the opportunity to pick vegetables or berries on the farm. Gleaners are encouraged to bring their own gloves, tools and bags/containers to carry their produce.

Gleaners are able to take home the produce they pick and keep it for themselves or share it with others if they like.

Can I bring my children?

Children can come but no more than 3 children for every adult. Perhaps you can bring a friend to help share childcare or consider leaving your kids with a friend and picking for the both of you! Child care will not be available during the gleaning time. Due to regulations only children who are school age (3+) are allowed to travel on a school bus.

Questions?

If you have any questions please don't hesitate to reach out to Danielle Charles at the Thunder Bay District Health Unit. She can be reached at (807) 625-8813 danielle.charles@tbdhu.com

Why come gleaning with us?

- Enjoy fresh, quality local produce
- Connect with farmers
- Make new friends
- Learn about nutrition, food harvesting, and preparation
- Enjoy a visit to a local farm

When does it happen?

Gleaning trips typically take place from July to October.
Gleaning trips are usually scheduled from late morning to early afternoon and typically last 3-4 hours.

Where do the trips go?

To various local farms near Thunder Bay host the gleaning program such as Belluz Farms or Fort William Historical Park.

All gleaners must travel together on the bus as no private vehicles are allowed .